

Crystaderm First Aid Kit checklist

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| ☐ An oral syringe, or calibrated cup for administering liquid medicines | ☐ Gauze pads, sterile |
| ☐ Crystaderm 10g First Aid cream | ☐ Range of adhesive bandage strips |
| ☐ Digital thermometer | ☐ Range of dressings and bandages |
| ☐ Latex gloves | ☐ Stingose gel or spray |
| ☐ Antiseptic wipes | ☐ Splinter (fine-point) tweezers |
| ☐ Hydrocortisone cream | ☐ Sharp scissors |
| ☐ Saline solution | ☐ Safety pins |
| ☐ Antihistamine to treat allergic reactions | ☐ Cold Pack |
| ☐ Pain-relief medication | ☐ Heating pad |
| ☐ Adhesive tape | ☐ Thermal blanket |
| ☐ Cotton pads and cotton swabs | ☐ First Aid manual |
| ☐ Gauze rolls, sterile | ☐ In case of emergency information cards |