



# Tips for cuts and grazes

## Treating cuts

Apply pressure to the cut with a clean cloth, tissue or piece of gauze until the bleeding stops. Once the wound is clean and dry, apply a thin layer of Crystaderm and cover with a dressing if desired.

### **For serious cuts:**

If the cut is very deep and is bleeding excessively, you may need to have it treated by a medical professional. Until this can be arranged, keep pressure applied to the wound and if blood soaks through the material, don't remove it. If the cut is on an arm or leg, raise it above the heart to help stop the bleeding.

## Treating grazes

Wash the graze as soon as possible and stop any bleeding. Once the wound is clean and dry, apply a thin layer of Crystaderm and cover with a dressing if desired.

## Ongoing treatment for cuts and grazes

Crystaderm can be applied up to three times per day. A covered injury may only need Crystaderm Cream applied once per day. Uncovered wounds may require reapplication two or three times per day.

Treatment can be continued for up to 21 days. After this time the wound should be significantly healed.

If pain, inflammation, discharge, or red lines continue to be experienced, the wound could be infected and you should seek medical advice.

## How Crystaderm works to help heal cuts and grazes

As the cream dries it forms a thin film over the wound. This helps to hold the medication in place and protect the wound from contamination. The film is easily washed off with water. A dressing over the wound provides extra protection.

Crystaderm is generally well tolerated and not associated with any serious side effects. However, a mild sensation of burning may be experienced for a short time after it's been applied.

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